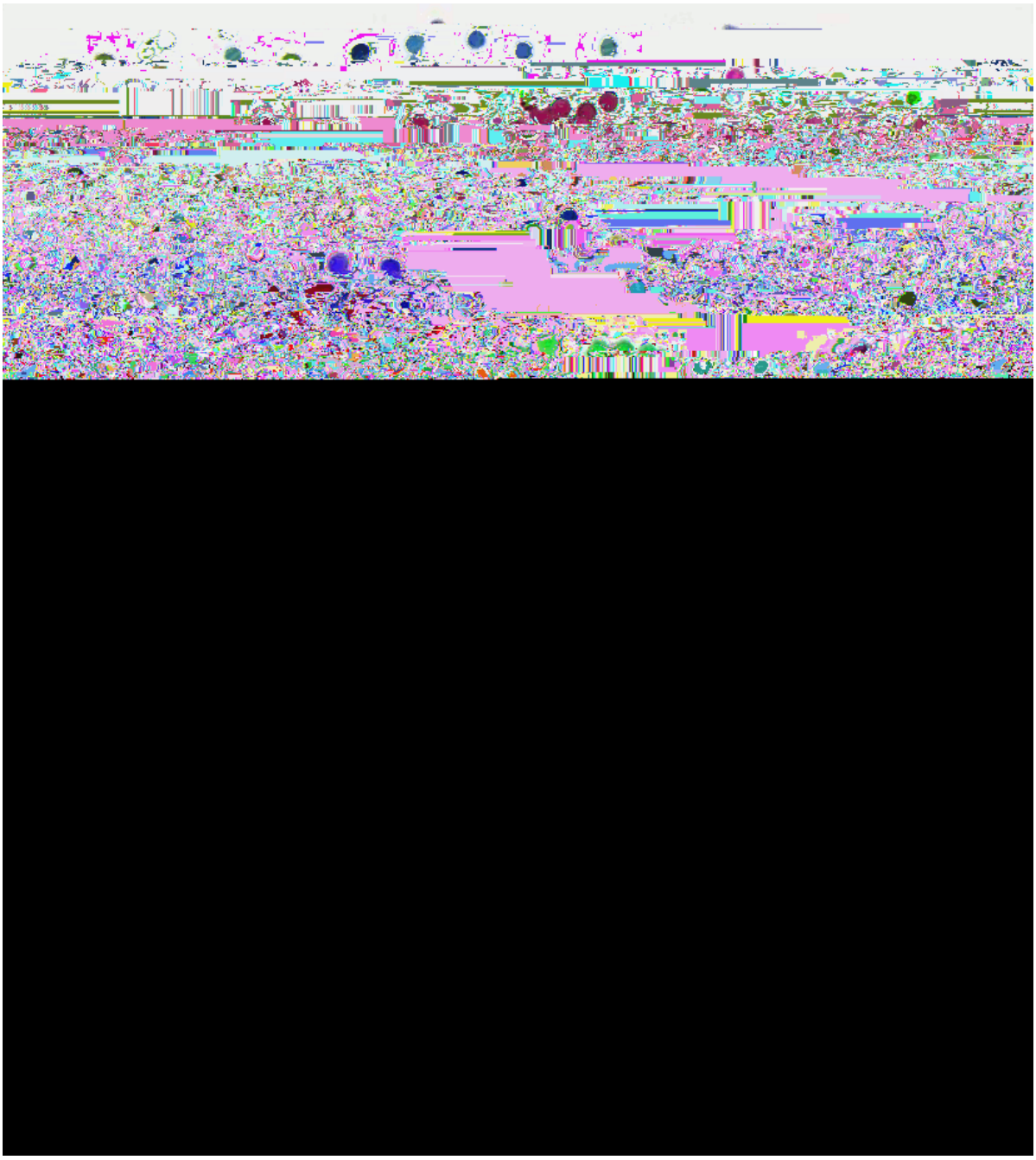

Welcome to your C-me report. This is a personalised report based on your behavioural preferences – expressed in the way you answered the questions.

We hope that much of it rings true and is a useful start to celebrating and leaning into all that comes naturally for you whilst reflecting on those things which are more difficult. There will of course be statements in the report that resonate less. Please make it your own and feel free to cross through some statements and highlight others as you go along.

The statements at the top of each page are action orientated and personalised for you. The visuals at the bottom of the page plot where you sit in relation to others, helping you to identify your place in your team/organisation.

General characteristics of the C-me Colours

Your C-me profile gives you information about your preferred ways of doing things expressed in the language of different combinations of four colours. This combination gives each person their unique temperament.

Logical and analytical
Enjoys problem solving
Needs time for reflection
Realistic
Sorts out the details
Strong sense of duty
Structured and disciplined

Confident and optimistic
Task focused
Enjoys stretching goals
Leads from the front
Sets a winning mentality
Thinks big
Direct and to the point

Conscientious
Concern for colleagues
Avoids conflict
Involves others in decisions
Respects others' values
Supportive and loyal
Works for democratic solution

Free spirited
Friendly and optimistic
Enjoys networking opportunities
Inspirational and visionary
Lively, sociable and fun
Not afraid to take risks
Spontaneous and imaginative

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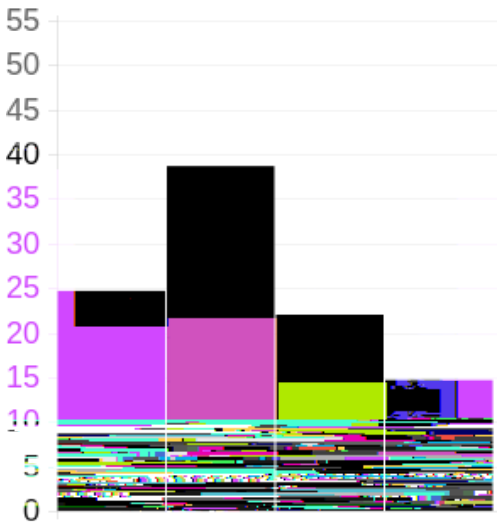
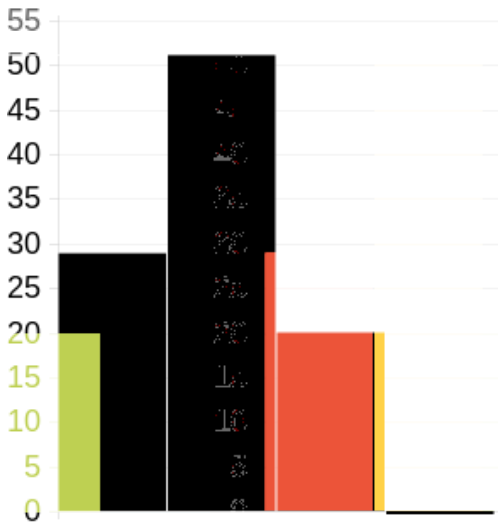


Adapted Behaviour

These are your more conscious preferences. They are likely to reflect your more modified behaviours.



Natural Behaviour

This less conscious reading of your preferences is likely to be your less filtered, more instinctive approach.

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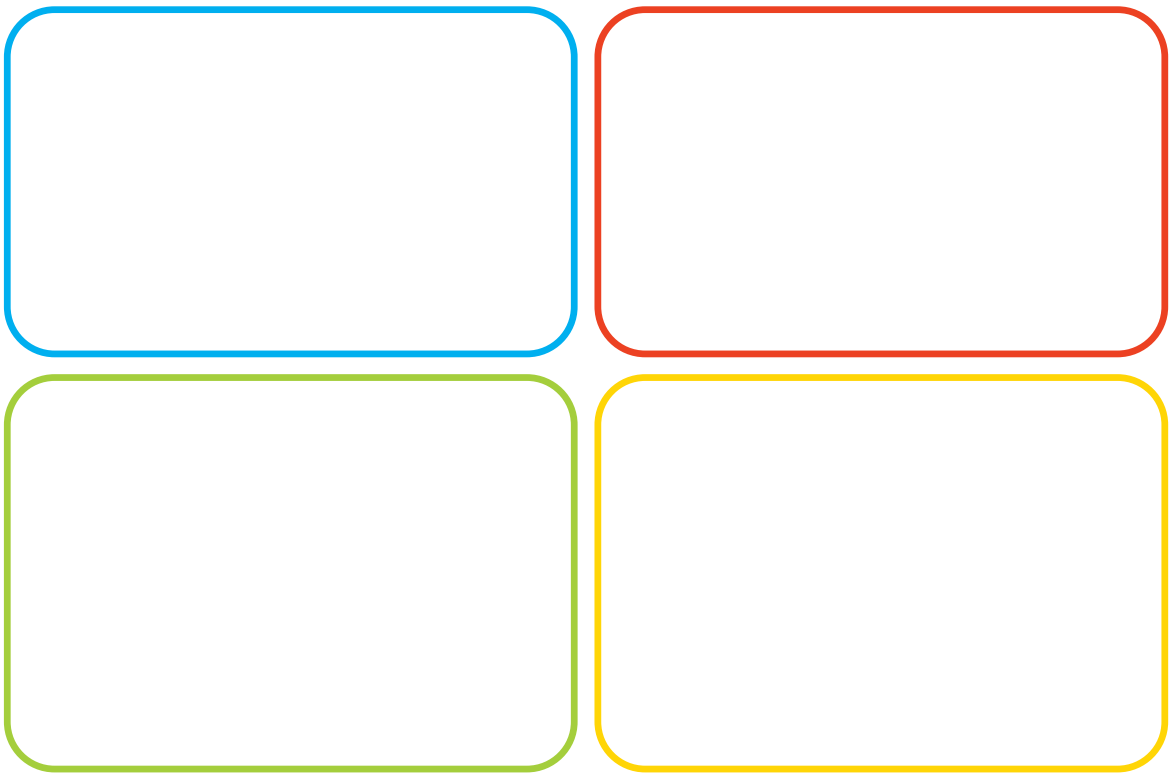

Action Learning

We learn as we put things into practice. Please use this page to capture your reflections on your report and ideas for actions going forwards.

Try harnessing all four colour preferences to capture different perspectives.

What more do I want to know?

-
-
-

My personal goals

-
-
-

How could this impact others?

-
-
-

How could this be applied?

-
-
-